

# MARCH 2023

# WESTSIDE CATHOLIC SCHOOL

# LUNCH



This institution is an equal opportunity Provider.

### Menu is subject to change.

|               |        |                       |        |
|---------------|--------|-----------------------|--------|
| Student Lunch | \$3.05 | Adult Lunch           | \$4.60 |
| Extra Entrée  | \$1.80 | Milk is served daily. |        |



A la carte pricing must be comparable to restaurant / vending prices to comply with Federal Guidelines.

Is your child eating enough lunch ?

Lunch combo meals must consist of 5 food group components (protein, grain, vegetable, fruit, milk ). Students **MUST** take at least 3 of the 5 components and 1 **MUST** be a ½ cup of fruit or vegetable. Students also have the option of taking items from all 5 groups.

## MONDAY

**6**

**Bosco Sticks**  
Munchable  
**PBJ Sandwich & Cheese Stick**  
**Baked Potato—St. Boniface**  
Green Beans      Marinara  
Baked Beans  
Orange



## TUESDAY

**1**

**Spaghetti / Bread Stick**  
Munchable  
**PBJ Sandwich & Cheese Stick**  
**Chef Salad**  
Salad  
Carrots  
Applesauce

**2**

**Soft Shell Chicken Taco**  
Munchable  
**PBJ Sandwich & Cheese Stick**  
**Chef Salad**  
Carrots / Ranch Dip  
Refried Beans      Juice  
Giant Cinnamon Graham Goldfish

**3**

**Papa John's Cheese Pizza**  
**PBJ Sandwich & Cheese Stick**  
**Chef Salad**  
Broccoli  
Vegetables  
Orange

## WEDNESDAY

**7**

**Ravioli / Cheese Bread**  
Munchable  
**PBJ Sandwich & Cheese Stick**  
**Baked Potato—St. Boniface**  
Corn  
Carrots  
Applesauce

**8**

**Pulled Pork / Roll**  
Munchable  
**PBJ Sandwich & Cheese Stick**  
**Baked Potato—St. Boniface**  
Mashed Potatoes      Gravy  
Green Beans      Peaches  
Giant Cinnamon Graham Goldfish

**9**

**Grilled Chicken on Bun**  
Munchable  
**PBJ Sandwich & Cheese Stick**  
**Baked Potato—St. Boniface**  
Broccoli  
Carrots / Ranch Dip  
Mixed Fruit

**10**

**Macaroni & Cheese**  
Munchable  
**PBJ Sandwich & Cheese Stick**  
**Baked Potato—St. Boniface**  
Mixed Vegetables  
Vegetables  
Juice

## THURSDAY

**13**

**Cheesy Breadsticks**  
Munchable  
**PBJ Sandwich & Cheese Stick**  
**Baked Potato—St. Boniface**  
Green Beans      Marinara  
Carrots  
Juice

**14**

**Hot Dog / Chili / Cheese**  
Munchable  
**PBJ Sandwich & Cheese Stick**  
**Baked Potato—St. Boniface**  
Carrots / Ranch Dip  
Baked Beans  
Pears

**15**

**Sliced Turkey / Roll**  
Munchable  
**PBJ Sandwich & Cheese Stick**  
**Baked Potato—St. Boniface**  
Mashed Potatoes      Gravy  
Green beans  
Peaches

**16**

**French Toasts ( Big )**  
Munchable  
**PBJ Sandwich & Cheese**  
**Baked Potato—St. Boniface**  
Tater Tots      Syrup  
Spiced Apples

**17**

**Papa John's Cheese Pizza**  
**PBJ Sandwich & Cheese**  
**Baked Potato—St. Boniface**  
Broccoli  
Vegetables  
Apple Slices

## FRIDAY

**20**

**Sausage Patty, Yogurt & French Toast Sticks**  
Munchable  
**PBJ Sandwich & Cheese Stick**  
**Baked Potato—St. Boniface**  
Tater Tots      Syrup  
Spiced Apples

**21**

**Hamburger / Cheese**  
Munchable  
**PBJ Sandwich & Cheese Stick**  
**Baked Potato—St. Boniface**  
Corn  
Carrot  
Apple Slices

**22**

**Chicken on the Beach—**  
Cheese, Chips, Rice, Salsa  
Munchable  
**PBJ Sandwich & Cheese Stick**  
**Baked Potato—St. Boniface**  
Carrots / Ranch Dip  
Black Beans      Juice

**23**

**Salsbury Steak / Roll**  
Munchable  
**PBJ Sandwich & Cheese Stick**  
**Baked Potato—St. Boniface**  
Green Beans  
Mashed Potatoes      Gravy  
Peaches

**24**

**Nacho Cheese / Pretzel**  
Munchable  
**PBJ Sandwich & Cheese Stick**  
**Baked Potato—St. Boniface**  
Broccoli  
Vegetables  
Applesauce

27

## ENJOY

28

## SPRING

29

## BREAK

30

31