

JANUARY 2022

WESTSIDE CATHOLIC SCHOOL

LUNCH



This Institution is an equal opportunity Provider.

Menu is subject to change.

Milk is served daily. Extra Entrée \$ 1.70
Adult Lunch \$ 4.60



A la carte pricing must be comparable to restaurant / vending prices to comply with Federal Guidelines.

Is your child eating enough lunch ?

Lunch combo meals consist of 5 food group components (protein, grain, vegetable, fruit, milk).
Students **MUST** take at least 3 of the 5 components and 1 **MUST** be a ½ cup of fruit or vegetable.
Students also have the option of taking items from all 5 food groups.

MONDAY

3
Cheesy Breadsticks
Corn Dog
PBJ Sandwich & Cheese Stick
Green Beans
Broccoli
Marinara Sauce
Peaches

10
Pepperoni Calzone
Corn Dog
PBJ Sandwich & Cheese Stick
Carrots / Ranch Dip
Broccoli
Pears

17
Martin Luther King Jr. Day

24
Chicken Nuggets
Corn Dog
PBJ Sandwich & Cheese Stick
Green Beans
Carrots
Mixed Fruit

31
Cheesy Breadsticks
Corn Dog
PBJ Sandwich & Cheese Stick
Green Beans
Broccoli
Marinara Sauce
Peaches

TUESDAY

4
BBQ Pork on Bun
Corn Dog
PBJ Sandwich & Cheese Stick
Corn
Baked Beans
Strawberry Cup

11
Sliced Turkey / Roll
Corn Dog
PBJ Sandwich & Cheese Stick
Green Beans
Mashed Potatoes
Gravy
Mixed Berry Cup

18
Shrimp Poppers
Corn Dog
PBJ Sandwich & Cheese Stick
Corn
Broccoli
Peaches
Marinara Sauce

25
Chicken on the Beach—Chips
Chicken, Cheese, Rice and Salsa
Corn Dog
PBJ Sandwich & Cheese Stick
Carrots / Ranch Dip
Black Beans
Mixed Berry Cup

WEDNESDAY

5
Spaghetti / Breadstick
Corn Dog
PBJ Sandwich & Cheese Stick
Chef Salad
Salad
Tomatoes
Applesauce

12
Sloppy Joe on Bun
Corn Dog
PBJ Sandwich & Cheese Stick
Corn
Baked Beans
Clementine
Giant Cinnamon Graham Goldfish

19
Nacho Cheese with Pretzel
Corn Dog
PBJ Sandwich & Cheese Stick
Green Beans
Carrots
Strawberry Cup

26
Ravioli / Cheese Bread
Corn Dog
PBJ Sandwich & Cheese Stick
Corn
Broccoli
Applesauce

THURSDAY

6
Hamburger / Cheese
Corn Dog
PBJ Sandwich & Cheese Stick
Chef Salad
Corn
Tomatoes
Fresh Pear

13
Ham, Egg & Cheese Biscuit
Corn Dog
PBJ Sandwich & Cheese Stick
Tater Tots
Spiced Apples

20
Hot Dog / Chili / Cheese
Corn Dog
PBJ Sandwich & Cheese Stick
Carrots / Ranch Dip
Baked Beans
Applesauce

27
Grilled Chicken on Bun
Corn Dog
PBJ Sandwich & Cheese Stick
Green Beans
Cheesy Potatoes
Peaches

FRIDAY

7
Papa John's Pizza
Corn Dog
PBJ Sandwich & Cheese Stick
Chef Salad
Carrots
Vegetables
Mixed Fruit

14
Papa John's Pizza
Corn Dog
PBJ Sandwich & Cheese Stick
Carrots
Vegetables
Applesauce

21
Papa John's Pizza
Corn Dog
PBJ Sandwich & Cheese Stick
Corn
Vegetables
Apple Slices

28
Papa John's Pizza
Corn Dog
PBJ Sandwich & Cheese Stick
Corn
Vegetables
Apple Slices

