

January 2021

WESTSIDE CATHOLIC SCHOOL

LUNCH



This Institution is an equal opportunity provider.

Milk is served daily. Menu is subject to change.
Extra Entrée \$ 1.50 Adult Lunch \$ 3.70



A la carte pricing must be comparable to restaurant/vending prices to comply with Federal Guidelines.

Is your child eating enough lunch ?

Lunch combo meals consist of 5 food group components (protein, grain, vegetable, fruit, milk).
Students **MUST** take at least 3 of the 5 components and 1 **MUST** be a ½ cup of fruit or vegetable.
Students also have the option of taking items from all 5 groups.

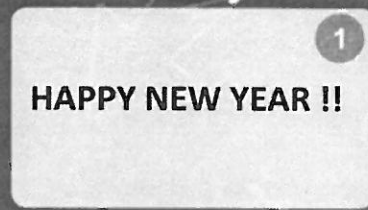
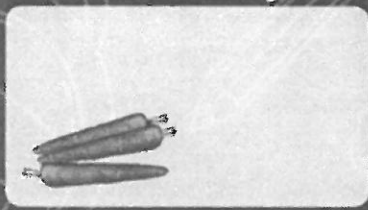
Monday

Tuesday

Wednesday

Thursday

Friday



4
Cheezy Breadsticks
Corn Dog
PBJ Sandwich & Cheese Stick
Corn
Broccoli
Applesauce
Marinara Sauce

5
Chicken Taco/ Soft or Hard Shell /
Lettuce, Cheese, Salsa
Corn Dog
PBJ Sandwich & Cheese Stick
Chef Salad
Carrots / Ranch Dip Refried Beans
Berry Cup
Giant Cinnamon Graham Goldfish

6
Pulled Pork / Roll
Corn Dog
PBJ Sandwich & Cheese Stick
Chef Salad
Green Beans
Mashed Potatoes
Gravy
Peaches

7
Eggstravaganza / French Toast
(Scrambled Eggs, Sausage, Cheese)
Corn Dog
PBJ Sandwich & Cheese Stick
Chef Salad
Tater Tots
Spiced Apples
Syrup

8
Papa John's Pizza
Corn Dog
PBJ Sandwich & Cheese Stick
Chef Salad
Carrots
Vegetables
Apples Slices

11
Chicken Tenders
Corn Dog
PBJ Sandwich & Cheese Stick
Corn
Broccoli
Pears

12
Chicken on the Beach---
Chicken, Cheese, Chips, Rice
Corn Dog
PBJ Sandwich & Cheese Stick
Carrots / Ranch Dip
Refried Beans
Strawberry Cup

13
Omelet / French Toast Sticks
Corn Dog
PBJ Sandwich & Cheese Stick
Tater Tots
Spiced Apples
Syrup

14
Hamburger / Cheese
Corn Dog
PBJ Sandwich & Cheese Stick
Cheesy Potatoes
Green beans
Blueberries

15
Papa John's Pizza
Corn Dog
PBJ Sandwich & Cheese Stick
Carrots
Vegetables
Apple Slices

18
**Martin Luther
King Jr. Day**

19
Pizza Crunchers
Corn Dog
PBJ Sandwich & Cheese Stick
Green Beans
Broccoli
Applesauce
Marinara Sauce

20
Spaghetti /Garlic Toast
Corn Dog
PBJ Sandwich & Cheese Stick
Corn
Carrots / Ranch Dip
Berry Cup

21
Grilled Chicken Sandwich
Corn Dog
PBJ Sandwich & Cheese Stick
Tater Tots
Baked Beans
Peaches

22
Papa John's Pizza
Corn Dog
PBJ Sandwich & Cheese Stick
Carrots
Vegetables
Mixed Fruit

25
French Toast
Corn Dog
PBJ Sandwich & Cheese Stick
Tater Tots
Spiced Apples
Syrup

26
Turkey / Roll
Corn Dog
PBJ Sandwich & Cheese Stick
Green Beans
Mashed Potatoes
Gravy
Strawberry Cup

27
Ravioli / Cheese Bread
Corn Dog
PBJ Sandwich & Cheese Stick
Corn
Broccoli
Applesauce

28
Hot Dog / Chili, Cheese
Corn Dog
PBJ Sandwich & Cheese Stick
Carrots / Ranch Dip
Roasted Garbanzo Beans
Peaches

29
Papa John's Pizza
Corn Dog
PBJ Sandwich & Cheese Stick
Carrots
Vegetables
Raisins